# PATIENT CENTERED MEDICAL HOME

### What is a Patient Centered Medical Home?

It is a team approach to providing Total Health Care at our office for"YOU" our Patients.

Your Medical team comprises of Nisha Sharma MD, Karen Pellicore NP, Lindsey Pietras PA, Kelly Chadwick RN and Tammy Strickfaden LPN.

#### What can Patient Centered Medical Home do for you?

-Help you manage your health care-including medical, physical, social and behavioural health needs.

-Listen to all your concerns and answer all your health questions.

What do you need to do as part of your Patient Centered Medical Home Team?

#### 1. Always keep your Medical Home providers informed !

-Let your health care provider know about care you may have received from other health care professionals outside the practice.

-Provide complete medical history to your healthcare provider of any such visits -Before going to any Urgent Care/ Emergency Room call your Medical Home Provider for any questions or appointment requests.

## CALL OFFICE AT 716- 934-4400 IRVING Patients

<u>CALL OFFICE AT 716- 646-5500 HAMBURG Patients</u> during regular business hours 8.00am to 5pm Mon thru Friday. After office hours and weekend calls call 716-225-4290 for our answering service.

-Inform your Medical Home team know if you have been hospitalized. Call your provider immediately on being discharged for them to set up appropriate followup visits. Let your Medical Home Know of any change in your medications after the Hospital stay or from a visit from other medical provider. Bring all your medications (or list of your medication) with you to each visit.

## 2) Take a active role in your health care

Follow the health care plan you and your team have agreed on. Set goals that you can reach.....once goals are achieved...set new goals.

## PATIENT CENTERED MEDICAL HOME TEAM

-Your Health Provider / their complete staff

-Most Importantly –"YOU" our PATIENTS are the most important person on the "HEALTH CARE TEAM "